



**Manchester People First is a self-advocacy group
We were started by and for adults with a
learning disability in Manchester.**

**Our mission is for all learning disabled people
in Manchester to have control over their lives,
make their own choices and be confident self-advocates.**

**We will work with other groups to help us reach our goal.
We will be brave and strong in how we support people.
We will be positive and move forward together.**

We are Manchester People First



Who we are

Manchester People First is a self-advocacy group run by and for adults with a learning disability in Manchester

We started in 1992 and have over 500 members, we are independent of services, a registered charity and a company limited by guarantee

- Company Number: 6339300
- Charity Number: 1124426

We have a Board of Directors, who all have a learning disability and we employ paid staff

We get money to run from NHS Manchester and Manchester City Council

We welcome people from all communities

Keep in touch

We publish 'Speak Up', our free newsletter 4 times a year
If you want a copy, fill in the form on the back page.

Follow us on the web and social media



Manchester People First



@firstmcr



firstmcr

www.manpf.org

What we do

We give information, training and support to our members and people who work with adults with a learning disability

We run workshops, meetings and conferences for self-advocates and outside organisations such as Greater Manchester Police and Manchester University

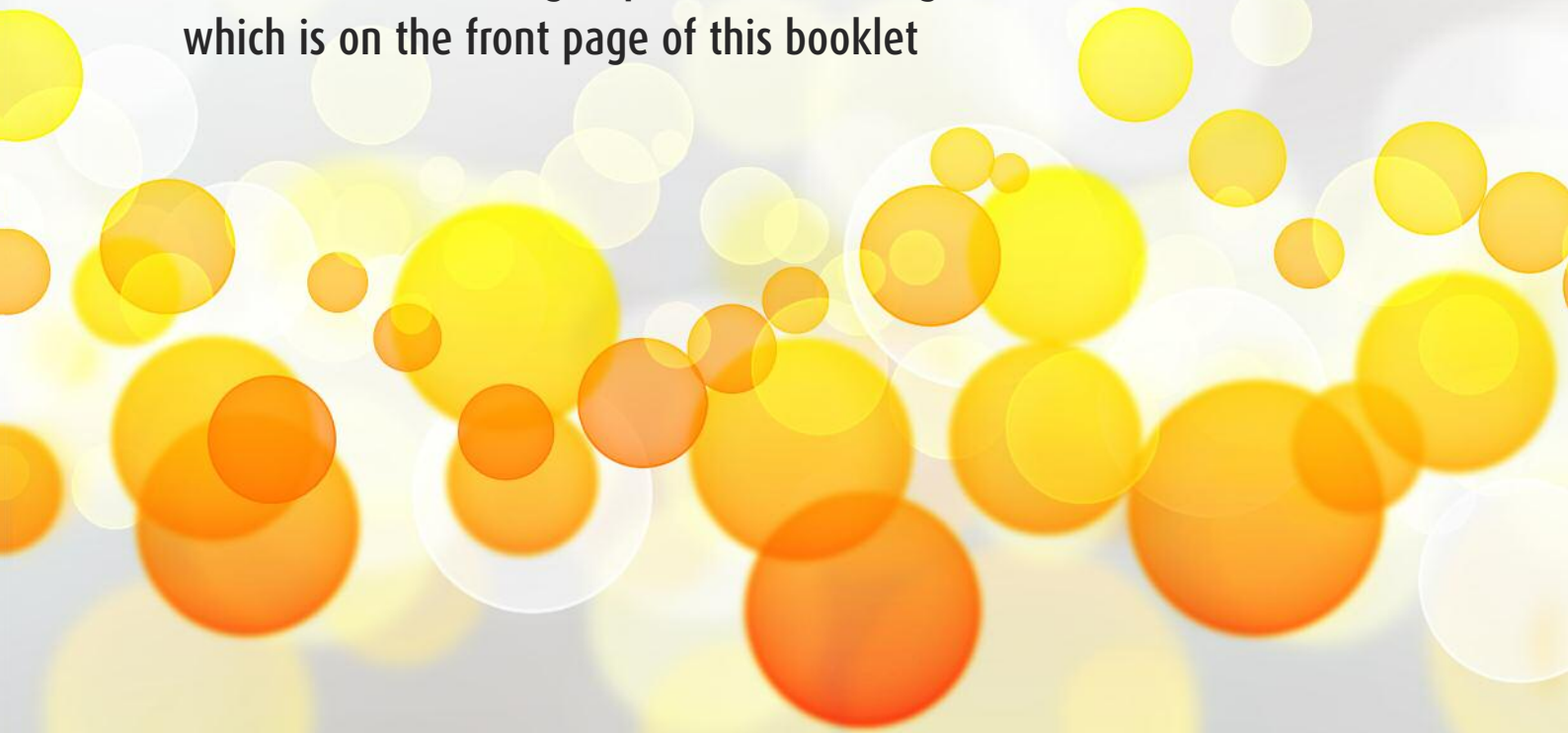
Our office is open from Monday to Friday 9:30am to 3:30pm
We hold social events and have Drop in groups on Wednesday and Thursday from 10am to 3pm

We run a Service Audit Project which inspects services run for adults with a learning disability

We run Just Info, which makes accessible information for other groups

We host the Manchester Learning Disability Partnership Board

We work with other groups to do the things in our Mission Statement, which is on the front page of this booklet



Contact us

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Join us



If you have a learning disability, are over 18 and live in Manchester,
you can join Manchester People First

Name:

Address:

Post Code:

Phone Number:

Email:

Do you want to get our newsletter sent on CD instead of of a printed copy?
Tick ✓ to say "Yes".